

Talk to your doctor about JOURNAVX™ (suzetrigine), a nonopioid medication used to treat adults with moderate-to-severe acute pain.

The following content is not meant to replace conversations with your doctor or be taken as medical advice, and should not limit conversations with your doctor. Talk to your doctor if you have any questions about the information shared.



Starting the Conversation

- Talking to your doctor is the first and most important step in your treatment journey
- Whether your pain is unexpected or planned (like surgery), it helps to know you have options to manage acute pain
- JOURNAVX is a nonopioid medication used to treat adults with moderate-to-severe acute pain
- Use this guide during your next doctor's appointment to get the most out of your conversation about acute pain management



PLANNING AROUND YOUR PAIN

- Given my condition, injury, or operation, what level of pain should I expect, and what are my pain management options?
- What is my expected recovery timeline?



ASKING ABOUT JOURNAVX

- Would a nonopioid option like JOURNAVX be a suitable choice for treating my acute pain?
- How does JOURNAVX work?
- Can you tell me about the safety and possible side effects of JOURNAVX?
- Are there any financial support programs for patients prescribed JOURNAVX?



TAKING JOURNAVX

- How do I take JOURNAVX?
- Can I take JOURNAVX with my current medications?
- What are the health reasons that someone should not take JOURNAVX, including family medical history?

What is JOURNAVX?

JOURNAVX is a prescription medicine used to treat adults with moderate-to-severe short-term (acute) pain. It is not known if JOURNAVX is safe and effective in children.

IMPORTANT SAFETY INFORMATION

Do not take JOURNAVX if you take certain medicines that are strong inhibitors of an enzyme called CYP3A. Ask your healthcare provider if you are not sure.

Before taking JOURNAVX, tell your healthcare provider about all of your medical conditions, including if you:

- have liver problems. People with liver problems may have an increased risk of getting side effects from taking JOURNAVX
- are pregnant or plan to become pregnant. It is not known if JOURNAVX will harm your unborn baby. You and your healthcare provider should decide if you will take JOURNAVX while you are pregnant

Please see additional Important Safety Information on the other side and full [Prescribing Information](#), including [Patient Information](#), for JOURNAVX.

JOURNAVX™
(suzetrigine) 50mg tablet

Things to Remember for Your Appointment



SET GOALS

Set, share, and discuss recovery goals, whether it's getting back to work or your favorite sport.



SPEAK UP

Communicate openly with your doctor to ensure your needs and desires are met.



WRITE IT DOWN

Remembering everything you talk about with your doctor can be tricky. Bring this guide to take notes.



ASK QUESTIONS

Ask questions during your appointment and call your doctor's office if you forgot to ask something.

Notes

IMPORTANT SAFETY INFORMATION (CONTINUED)

Before taking JOURNAVX, tell your healthcare provider about all of your medical conditions, including if you:

- are breastfeeding or planning to breastfeed. It is not known if JOURNAVX passes into your breast milk. You and your healthcare provider should decide if you will take JOURNAVX while you are breastfeeding

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

Taking JOURNAVX with certain other medicines may affect the way JOURNAVX and the other medicines work and may increase your risk of side effects. Ask your healthcare provider or pharmacist for a list of these medicines if you are not sure.

Especially tell your healthcare provider if you take:

- hormonal birth control medicine (contraceptives) containing progestins **other than** levonorgestrel or norethindrone. If you take one of these contraceptives (progestins other than levonorgestrel or norethindrone), they may not work as well during treatment with JOURNAVX. You should also use nonhormonal contraceptives such as condoms or use other forms of hormonal birth control during treatment with JOURNAVX and for 28 days after you stop taking JOURNAVX
- medicines that are substrates of the CYP3A enzyme as they may become less effective during treatment with JOURNAVX. Your healthcare provider may need to adjust the dose of your medicine when starting or stopping JOURNAVX

Know the medicines you take. Keep a list of them to show your healthcare provider and pharmacist when you get a new medicine.

What should I avoid while taking JOURNAVX?

Do not take food or drink containing grapefruit during treatment with JOURNAVX.

What are the possible side effects of JOURNAVX?

The most common side effects for patients treated with JOURNAVX included itching, muscle spasms, increased blood level of creatine phosphokinase, and rash.

JOURNAVX may temporarily reduce the chance of females becoming pregnant while on treatment. Talk to your healthcare provider if you have concerns about becoming pregnant. If you are using contraceptives, you should continue to use contraceptives during treatment with JOURNAVX.

Tell your healthcare provider if you have any side effect that bothers you or that does not go away.

These are not all of the possible side effects of JOURNAVX.

Call your healthcare provider for medical advice about side effects. You may report side effects to the FDA at 1-800-FDA-1088.

Please see full [Prescribing Information](#), including [Patient Information](#), for JOURNAVX.

Reference: JOURNAVX [prescribing information]. Vertex Pharmaceuticals Incorporated. Boston, MA; January 2025.



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